

Alpen SPA
Via S. Pellico 3
Bratto della Presolana (Bg)
Tel. 034631211
alpenspa.it - hotelmilano.com
Settimane Deluxe da 2.150 €

A tutto relax

Lombardia. Nuova energia a corpo e mente con le settimane su misura studiate da un'avveniristica beauty farm nelle Prealpi di Alice Cassinelli



All'Alpen SPA (sopra, la piscina) tutti i trattamenti sono ispirati alla montagna. Estratti e oli essenziali di piante, fiori, radici e minerali sono alla base del benessere e della cura del corpo e della pelle

Treatments at the Alpen Spa (pool shown above) are all inspired by the mountains. Wellbeing and care of the body and skin using the essential oils and extracts from plants, flowers, roots, salts and minerals

All-round Relaxation

The Alpen Spa of the Hotel Milano in Bratto della Presolana, located in the Bergamo Pre-Alps, is a small, secret haven to rejuvenate guests, who can pamper themselves with an equatorial shower or a chromotherapy steam bath. Among other treatments, the guest might choose a rose hip peeling or a brown sugar scrub, a lemon balm mask or a nettle wrap, or an ayurvedic, Presolana stone

or Argan oil massage. June heralds the start of the minutely studied "Total Wellbeing Weeks". The programme envisages the "De-stress and Nature Week" from 9-16 June and from 30 June-7 July: 7 nights room and full board, 7 relaxation sessions, 9 antistress treatments, 9 relaxation techniques, tours and a whole lot more. Prices start at 2155 for a Deluxe room.

